

CHOOSING

From Bridge to Forgiveness

There is a moment in time where
you see a flash of light, or feel a slight wisp of wind
or notice a momentary pause
as if the world is holding its breath.

And then suddenly, at that moment, your life comes into focus.
And it is that very moment in time
that beckons you to take a turn in the road
And step on a path that leads you
to the truth of who you are.

And in the moment, in the light, in the whisper of wind, in the pause
you have a choice that can change your life forever.
You can choose to live.
To really live
or to simply get along.

Choose to live.